

Chicago Blaze Covid Compliance Procedures

(Current as of 4/22/2021)

These procedures are subject to change at any time. The team will be notified when an update is made.

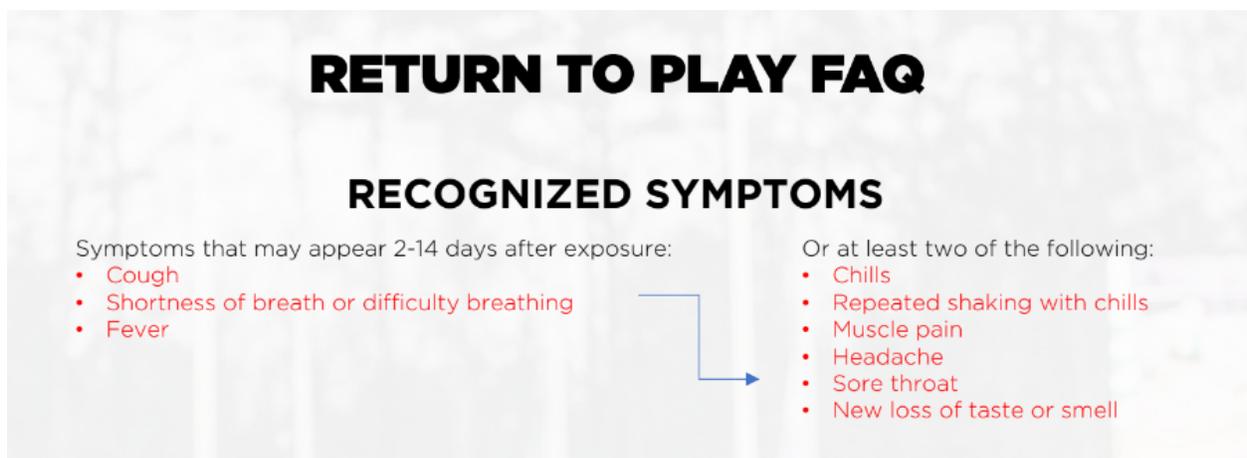
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Notice:

These procedures are designed to protect all members of the Blaze organization from COVID-19 and limit the potential spread if/when a case occurs. Individuals found not to be following protocol will be disciplined at the discretion of the coaching staff and compliance officer.

DO NOT COME TO ANY ACTIVITY WITH SYMPTOMS



RETURN TO PLAY FAQ

RECOGNIZED SYMPTOMS

Symptoms that may appear 2-14 days after exposure:

- Cough
- Shortness of breath or difficulty breathing
- Fever

Or at least two of the following:

- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

The graphic features a blue arrow pointing from the first list to the second list.

COVID Compliance Group Overview

1. Matt Borchardt (Primary) - mjborchardt14@gmail.com - 920-889-9110
2. Rene Salinas (Secondary) - renesalinas009@gmail.com - 630-631-2264
3. Thomas Konkol
4. Sam Reinhart

Executive Notes

1. Blaze RTP is based on Illinois Phase 4 protocols and Tier 1 regression plans. Phase 5 protocols allow for a return to normal procedures and as such do not require a plan.
2. Symptom and procedure signage will be posted at team facilities and over team social media.
3. This plan applies only to the Chicago Blaze Men's Rugby Club. The Blaze do not oversee or sponsor any other teams currently.
4. Illinois Department of Public Health's guidelines recognize rugby as a Higher Risk sport and are approved for up to Level 3 activities.
<https://dph.illinois.gov/covid19/community-guidance/sports-safety-guidance>
5. Current Cook County Guidance
<https://cookcountypublichealth.org/communicable-diseases/covid-19/mitigation-guidance>
6. Masks will be required for all activities at all times per CARFU guidance.
7. The Chicago Blaze locker rooms are currently closed and will not be used for any match related purpose until Phase 5.
8. The Chicago Blaze Building Corporation (CBBC) is a separate legal entity from the Chicago Blaze Men's Rugby Club (CBRFC) and the building facilities are owned and operated by CBBC. Any operations by that entity are outside the purview of CBRFC and are responsible for their own conformity to State and IDPH guidelines.
9. Match spectators will be required to follow check-in and social distancing prescribed within this RTP should they choose to leave the CBBC facilities and walk out to watch a CBRFC match.

COVID-19 Symptom Response Plan

1. If symptoms develop while at a team activity, immediately leave and follow the same procedure as below.
2. If leaving immediately is not possible or unsafe, the individual shall wait in their vehicle, the garage, or another location that safely allows the individual to be separated from other groups or individuals until such time that they can depart.
3. If symptoms develop outside of a team activity notify your health care provider and the Blaze compliance group via any preferred method so long as receipt is confirmed.
4. Individuals who were in close contact to, and the group of the sick player will not practice until the result of the player's test. If the test is positive, the group will be quarantined for a minimum of 10 days regardless of if symptoms start at a team activity.

5. Any individual who exhibits symptoms may not return until either test results are negative, or a minimum of 10 days isolation since the cessation of symptoms have passed.

Cleaning and Sanitizing

1. Deep clean will be conducted before returning to training
2. All equipment to be cleaned after training (Balls, Cones, Tees, etc)
3. Groups will not be sharing equipment between them. Groups will remain completely separate for the duration of training. Groups clean their own equipment.
4. No shared water bottles.
5. No shared jerseys.

EPA Approved cleaners list:

<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19>

Team Meetings

1. Self assessments for symptoms before going to meeting
2. Social distance (at least 6 feet without masks, at least 3 feet with masks)
3. Maintain distance while arriving and leaving
4. Masks will be mandatory
5. No socializing before/after meeting

Player/Coach/Spectator Check-In Procedure

1. Check-In procedures to apply to all Team-related activities, including but not limited to Team Meetings, Trainings, and Matches
2. Submit symptom data (google form) before arriving at pitch
3. Arrive with face coverings
4. Social distance and form line for temperature check
5. Submit for no-touch temperature check (pass/fail logged with form; 2 touchless thermometers will be in use)
 - a. Pass - <99.6 F
 - b. Fail - ≥99.6 F
6. All who pass are allowed to participate
7. Any who fail will be told to leave and self-quarantine for 10 days (List to be reported to Compliance@chicagorugby.org)
8. Extra masks are available at check-in, along with hand sanitizer

Training Considerations

1. Minimize Group Size (40 Players max per group)
2. Stagger arrival times if multiple groups are required by turnout
3. One group per field

4. Groups will not mix during trainings
5. Players may switch groups only after 1 week of self-quarantine (if multiple groups in use)
6. Players must participate in 3 weeks of training prior to any match activity

Match Protocols

1. Both teams will be required to wear masks at all times
2. All participants should have received a covid test within 72 hours (PCR) or 24 hours (Antigen) of the match until such time as they are full vaccinated (2 week after the final dose of a vaccine course)
3. Total participants up to 50 individuals
4. 2 Weeks between scheduled matches
5. Each individual will be limited to no more than 60 minutes of match time
6. Unlimited rolling substitutions will be used
7. Scrums, mauls, and socials will not be allowed
8. Matches will only be played within against Illinois-based CARFU opponents of the same or higher EMS status
9. Both teams to share a touchline, with spectators separated by 30 feet from players or fields
10. Players to be socially distanced when off the field
11. All participants and spectators are expected to clear the grounds within 30 minutes post-match without an social per CARFU guidance.
12. All match participants must sign Midwest Rugby waiver
13. Spectators will be limited to 75 per field (<25% capacity).
14. Spectators are expected to wear masks and social distance.

Tier 1 Regression Contingency

1. Training cancelled for 1 week to organize new 20 player groups
2. Training commenced with phase 3 restrictions per USAR and state/local orders
3. All check-in and cleaning protocols will be continued
4. Match play suspended

Player and Coaches Procedures

1. Admins and Coaches must complete world rugby training (Admin Training)
 - a. <https://playerwelfare.worldrugby.org/covid-19-courses>
2. Players must complete world rugby training (Player/Coach Training)
 - a. <https://playerwelfare.worldrugby.org/covid-19-courses>
3. All personnel must complete pre-activity form (google form) on the day of training/meeting/match prior to arrival at the pitch.
4. All participants must submit to twice weekly covid testing until such time as they are full vaccinated (2 week after the final dose of a vaccine course)
5. Change at home (locker room/showers closed)
6. Do not carpool (unless you already live together)
7. Proper face cover or mask (must cover mouth and nose) required at all times

8. Temperature check at time of check in (<99.6 F to participate) - pass/fail recorded with form
9. Follow social distancing protocols throughout training/meeting/match day
 - a. If training in groups: groups should not mix including coaches until social distancing restrictions are relaxed in order to minimize chances of large scale spread within the team (Group sheet submitted before returning to training)
 - b. Players will be kept separated at training according to those same teams.
10. Follow cleaning and sanitizing protocols throughout and after training/meeting/matches
11. Do not share equipment between groups
12. Do not share water bottles (bring own bottle)
13. No socializing after training
14. Team meetings should be conducted outside when able or inside with masks and distancing. If possible meetings should not be conducted in person.
15. Shower at home
16. Symptom tracking data submitted to CARFU/MWRFU
17. Follow CDC guidance on personal hygiene (hand washing, social distancing, etc)
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/>
18. Appropriate signage will be posted explaining protocols
 - a. Self-assess for covid symptoms prior to entering the grounds.
 - b. Inform the team if they are experiencing symptoms.
 - c. Keep 6' distance from others.
 - d. Spectators and participants must keep to their designated areas.

Post-Activity Procedures

1. CIPP participation list, Symptom Check results, and Temperature Check results to be reported to CARFU at the conclusion of each activity.
2. Players/Coaches will be reminded to stay vigilant and report any onset of symptoms to the Compliance Team immediately.

Documentation (All Documents Stored in Compliance Team Google Doc Folder)

1. Pre-activity form (google form) - includes fans
2. Player/Coach temperature/check-in data
3. Training group log (google doc)
4. Practice Plans
5. No Personal Identifying Information will be included in the stored forms so as not to require enhanced data privacy rules. Data will be stored until all restrictions have been removed.
6. Signed Midwest Rugby Waiver for each participant will be maintained by club compliance officer.(Hard Copy)

Appendix of Documents (Full Documents may not be shown)
Pre-activity form

[Questions](#) [responses](#)



COVID-19 Pre-event Symptom Checker Form 2021

This form must be utilized to ensure that you are free from COVID-19 symptoms and pose limited risk to others. Form must be completed prior to arrival at pitch.

Last Name *

Short answer text

First Name *

Short answer text

What is the date of the event (training, match, meeting, etc.) that you are participating in? *

Month, day, year



What type of event is it? *

- Training
- Match - Player / Coach
- Match - Official
- Match - Spectator
- Meeting

Players and Coaches Only - Have you been fully vaccinated for COVID-19? *

- Yes, I received both doses of a 2 dose vaccine or an approved single dose vaccine
- I still need 2nd dose of 2 dose vaccine
- I have not received any vaccines
- I prefer not to answer (will be treated as unvaccinated)

Players and Coaches Only - If you are not fully vaccinated, are you complying with the RTP Testing Protocol? *

- Yes
- No
- N/A

If you are showing any symptoms, **DO NOT COME TO ACTIVITY** and contact a health care professional. You may NOT PARTICIPATE FOR 10 DAYS unless you get a negative test result.

- High temperature over 99.6 F (fever)
- A new continuous cough
- New unexplained shortness of breath
- None of the Above

Have you been in contact with a COVID-19 confirmed or suspected case in the previous 10 days? *

If answered Yes or Maybe, DO NOT COME TO ACTIVITY and contact health care professional. If you answered Maybe, contact health care professional for guidance.

- Yes
- No
- Maybe

Are you currently awaiting the results of a COVID Test or currently in contact tracing? *

If answered Yes, DO NOT COME TO ACTIVITY and contact a health care professional. You may NOT PARTICIPATE FOR 10 DAYS unless you get a negative test result.

- Yes
- No

By checking the below box, I attest that all questions were answered honestly to the best of my ability. *

- Attestation

Check In Data

Timestamp	Last Name	First Name	What is the date of the e? What type of event is it?	Have you been fully vacc	Are you currently diagn	Have you had any of thei	Have you been in contac	Are you currently awaitin	By checking the below box,
3/24/2021 19:18:48	Smith	Bob	3/25/2021 Match - Spectator	I have not received any	No	High temperature over 99.6 F	Yes	No	Attestation
3/24/2021 19:19:50	Lightyear	Buzz	3/25/2021 Training	I still need 2nd dose of 2	No	None of the Above	No	No	Attestation
3/24/2021 19:20:43	Wayne	Bruce	3/25/2021 Training	I prefer not to answer (w/	No	High temperature over 99.6 F	Yes	No	Attestation
3/24/2021 19:27:49	Lee	Bruce	3/25/2021 Training	I still need 2nd dose of 2	Yes	A new continuous cough	Yes	No	Attestation
3/24/2021 19:28:09	Brady	Tom	3/25/2021 Match - Player / Coach	Yes, I received both dose	No	None of the Above	No	No	Attestation
3/24/2021 19:30:42	Mouse	Mickey	4/1/2021 Match - Player / Coach	Yes, I received both dose	No	None of the Above	Maybe	Yes	Attestation